

Open to all This offering does not require a specific level of ability and is

open to all Unisport participants.

N1 This level is aimed at beginners with little to no previous

knowledge. The offering is ideal for anyone who wants to

learn the basics.

N2 At this level, the basics are built upon, and the skills are

consolidated.

N3 This level is for advanced students. This is about developing

skills and learning more complex skills. This level is aimed at

people who want to expand their knowledge in order to

become even better and more versatile.



