

## <u>N1</u>

**Condition/elevation gain:** Good fitness to be able to be on the go the whole day. We take breaks along the way. 300–700 meters in total elevation gain/ascent speed approx. 250–300 meters of altitude/hour

**Technical expertise:** Good on foot. Slope gradient < 25°. Flat or not very steep overall with ascents, on easy terrain, or with assistance. Moderately steep sections possible. <u>SAC difficulty rating for snowshoe tours</u>: up to WT2

## N<sub>2</sub>

**Condition/elevation gain:** Good fitness to be able to be on the go the whole day. We take breaks along the way. 500–1000 meters in total elevation gain/ascent speed approx. 350–500 meters of altitude/hour

**Technical expertise:** Snowshoe experience, prior participation in another snowshoe tour. Slope gradient: < 25°, in some cases < 30°. Not very steep overall. <u>SAC difficulty rating for snowshoe tours</u>: WT2-WT3