

Levels High-Altitude Mountain Tours

	Duration of the tour (hours))	Fitness requirements	Technical requirements for rock	Technical requirements for firn and glacier	SAC scale
At times, the participants form their own rope teams under the guidance of the mountain guides.					
N1	Up to 8 hours	Full-day tour with time for breaks	Walking on pathless terrain grassy slopes, scree slopes boulder fields – sure-footedness required hands are hardly needed for movement	None, is practiced if necessary	max. WS-
N2	8-10 hours	Full-day tour	Simple boulder ridge a head for heights required hands are needed to move around from time to time climbing terrain with short climbing points basic knowledge of short roping required	sure-footedness in the firn and ice basic knowledge of crampons basic knowledge of pick braking basic knowledge of roping on glaciers	max. WS
N3	10 hours	long, all-day tour	Boulder ridge, simple rock ridges a head for heights required hands are usually needed for movement climbing terrain and climbing sites alternate	Sure-footedness in gently steep firn and ice experience in crampon walking proficiency in pick braking proficiency in roping on glaciers	max. ZS-

			experience in short roping required. Proficiency in rope shortening		
N4	12 hours	Very long, all-day tours, efficient movement required	exposed rock ridges a head for heights required hands are needed for movement continuously longer and exposed climbing passages independent and efficient short roping required	sure-footed in steep firm and cramponing in steep firm and ice proficiency in pick braking proficiency in roping on glaciers	max. ZS+