



Levels Pole Dancing

Open to all

This offering does not require a specific level of ability and is open to all Unisport participants.

N1

This level is aimed at beginners with little to no previous knowledge. The offering is ideal for anyone who wants to learn the basics.

N2

At this level, the basics are built upon, and the skills are consolidated.

N3

This level is for advanced students. This is about developing skills and learning more complex skills. This level is aimed at people who want to expand their knowledge in order to become even better and more versatile.