



Beachvolleyball Levels

- Open to all This offering does not require a specific level of ability and is open to all Unisport participants. Basic sporting fitness and previous (beach) volleyball experience are recommended.
- N1 Players already have basic technical/tactical (indoor) volleyball skills such as serving, receiving, passing, attacking, and defending, but have not yet gained much experience in beach volleyball.
- N2 Players have an intermediate to advanced level in (indoor) volleyball. In addition to basic techniques such as serving, receiving, setting, attacking, and defending, they also have special beach volleyball techniques such as tomahawk, cut, and pokey. Players are also familiar with basic tactics in two-on-two games.